

Major Exploration Action Plan

Brainstorming can be a helpful way to reflect on your interests and set an action plan for moving forward with goals. Answer the reflection questions to begin to form a plan for the future.

We recommend completing and/or reviewing this activity and your reflection with your academic advisor for continued support.

For additional major exploration support, review the [Academic Exploration Advising Tools & Resources](#) webpage. For support with setting SMART goals, review the [Kortschak Center for Learning and Creativity Tools & Resources](#) webpage.

Reflection Questions: Major/Minor Interests: _____

- What are the key interests you would to explore in this major?
- Why are these interests important to you, and why do you want to use them?
- Where would you apply this knowledge? In what types of settings do you see yourself in?
- Who could help you find opportunities?
- How and when are you going to work towards these goals?

Example: Environmental Sciences, BA with Sociology minor

- What are the key interests you would to explore in this major? I am interested in environmental sociology and community planning to support local neighborhoods.
- Why are these interests important to you, and why do you want to use them? I am involved in projects that examine land use and sustainability initiatives across various local communities. I plan to work on interdisciplinary teams to add green space to and improve health outcomes in communities.
- Where would you apply this knowledge? In what types of settings do you see yourself in? I would like to pursue this career in my home state and see if I can expand my career to other cities/communities. I would like to work for a research center and am open to other options after completing PDP/graduate school.
- Who could help you find opportunities? I will create an Advise USC referral to the major advisor to discuss resources and opportunities
- How and when are you going to work towards these goals?
 - How: My minor will be helpful in considering social structures that contribute to sustainability and positive health outcomes. I think internship or other practical experience will be helpful. I will attend the USC Career Center Industry Insights panels/events this semester and attend a graduate school preparation workshop this semester to learn more.
 - When:
 - September 18th – Industry Insight Panel – Health & Biosciences Panel
 - SEPT TBD – Review Graduate School Admissions Website
 - Oct. 16th – Graduate Schools Fair
 - Nov. 6th – Industry Insight Panel – Social Impact & Non-Profit Panel